AI vs. Human Coach/Scrum Master
Capabilities Comparison

A companion resource from Agile Meets AI by Sheila Eckert

Capability	AI	Human
Meeting scheduling & agendas	Excellent	Time-consuming
Report generation & analysis	Excellent	Time-consuming
Metrics tracking & alerts	Excellent	Manual effort
Pattern recognition in data	Excellent	Limited by volume
Process improvement suggestions	Good (generic)	Good (contextual)
Research & template generation	Excellent	Time-consuming
Reading team tension/dynamics	Cannot detect	Essential strength
Building trust relationships	Cannot replicate	Core capability
Facilitating difficult conversations	Cannot do	Essential skill
Coaching through vulnerability	Cannot do	Transformational
Navigating organizational politics	No awareness	Critical skill
Recognizing psychological safety erosion	Cannot detect	Early warning
Contextual judgment	Limited by input	Nuanced
Change leadership	Cannot inspire	Essential
Conflict resolution	Cannot mediate	Human skill

Rating Legend:

Excellent/Strong	Good/Capable	Moderate/Limited	Cannot Do/Weak

Key Insight

AI excels at administrative tasks and pattern recognition. Humans are irreplaceable for relationship building, contextual judgment, and transformational coaching. The future belongs to AI-augmented coaches who leverage technology to amplify their human capabilities.